

THE 'MANEUVER UNDER FIRE' DRILL

The "Maneuver Under Fire" drill is the most complex portion of the new Combat Fitness Test, which also includes a half-mile sprint and a 30-pound ammo can lift. While the Physical Fitness Test will continue to measure a Marine's general fitness, the CFT is designed to complement the PFT by measuring functional

fitness in a combat environment. The CFT will be conducted in a single lane, approximately eight yards wide and 100 yards long. It is presented here across four separate lanes for easy reference.

